

New Mexico Commodity Supplemental Food Program (CSFP) for Seniors

NM HSD partners with community organizations throughout the state to provide nutritious food to supplement the diet of Seniors who may be at risk for malnutrition. Currently, there are 5 regional centers and 122 tailgate sites located throughout the state who distribute a monthly box of food to eligible persons 60 years and older.

How Do I Qualify for CSFP?

- Adults 60 years of age and older
- Residency: must live within the service area at the time of application for services.
- Income Eligibility Requirement: up to 130% of the Federal poverty guidelines published annually by the Department of Health and Human Services

How Do I Apply for CSFP?

Applications are available at the warehouses and distribution sites. To Apply for CSFP benefits the applicant or caretaker of the applicant must provide the following information on the application:

- Proof of age and identity: driver license or picture ID
- Beginning January 1, 2020 New Mexico allows Self-Declaration of Income and Residency. No Proof is Needed.

Households seeking food assistance are frequently eligible for other assistance programs that may provide much needed resources. These programs include The Emergency Food Assistance Program (TEFAP), and the Supplemental Nutrition Assistance Program (SNAP). Non-nutrition programs such as Medicaid, Medicare Savings Program (MSP) and Low Income Home Energy Assistance Program (LIHEAP) are also available for qualifying persons. Information is available through the Income Support Division county offices and on line at

<https://www.yes.state.nm.us>.

This Institution is an Equal Opportunity Provider.

Monthly Food Package Effective February 1, 2020

Commodity Food Group Package	Food Item	Amount Each Month
Fruits and Juice	Canned Fruit (15.5 oz.) Juice (64 oz.) Raisins (15 oz.)	1 Juice and 3 cans Fruit; or 2 Juices and 2 cans Fruit; or 1 package Raisins, 1 Juice and 2 cans Fruit; or 1 package Raisins, 2 Juices and 1 can Fruit
Vegetables	Canned Vegetables or Soup (10.5 – 15.5 oz.) Dehydrated Potatoes (1 lb.)	8 cans Vegetables or Soup; or 6 cans Vegetables or Soup and 1 package Dehydrated Potatoes.
Cheese	Cheese (2 lb.)	1 package Cheese
Milk	UHT Fluid Milk 1% (32 oz.) Instant Nonfat Dry Milk (12.8 oz.)	2 UHT Milk; or 1 UHT Milk and 1 package Nonfat Dry Milk
Meat, Poultry and Fish Can or Pouch	Beef, Beef Stew or Chili (24 oz.) Chicken (10 – 15 oz.) Tuna (12 oz.) Salmon (14.75 oz.)	1 (24 oz.) shelf-stable package Meat and 1 (10 -15 oz.) shelf-stable package Poultry or Fish; or 3 (10-15 oz.) shelf-stable packages Poultry and/or Fish in any combination
Plant-Based Protein Currently 1 Unit 3 Units begin April 1, 2020	Peanut Butter (16 oz.) Canned Beans (15.5 oz.) Dry Beans (1 to 2*lb.) Dry Lentils (1 lb.)	3 Units of any combination of Canned Beans, (1lb.) Dry Beans or Lentils, and Peanut Butter or 1(2*lb.) unit Dry Beans and 1 unit Canned Beans, Peanut Butter or (1 lb.) Dry Beans or Lentils
Cereals	Dry Cereal (12 – 18 oz.) Farina (18 oz.) Rolled Oats (18 oz.) Grits (2 lb.)	2 Units of any combination of Cereal, Farina, Rolled Oats (18 oz.) and Grits (2 lb.)
Pasta and Rice	Pasta (1 lb.) White or Brown Rice (1 lb.) White Rice (2*lb.)	2 Units of any combination of Pasta and (1 lb.) Rice or 1 (2*lb.) unit Rice

Call the nearest regional center for more information on eligibility, and to find the location closest to you. Four contractors support all 33 NM counties:

Central Region

Economic Council Helping Others, Inc.
(ECHO, Inc.)

300 Menaul Blvd NW, Ste. 226,
Albuquerque, NM 87107

505-242-6777

**Bernalillo, Cibola, Los Alamos, Rio
Arriba (Española), Sandoval, Santa Fe,
Valencia**

Southern Region

Loaves and Fishes, Inc.

320 Southgate Court, Las Cruces, NM
88005

575-523-1272

**Doña Ana, Luna, Otero (Alamogordo &
Tularosa), Sierra**

Eastern Region

The Salvation Army Roswell Corps
207 Chisum St., Roswell, NM 88201

575-625-2030

**Chaves, Colfax, Curry, De Baca, Eddy,
Guadalupe, Harding, Lea, Lincoln,
Mora, Otero (Mescalero), Quay,
Roosevelt, San Miguel, Socorro, Taos,
Torrance, Union**

Northwest Region

Economic Council Helping Others, Inc.
(ECHO, Inc.)

401 S. Commercial St., Farmington NM
87401

505-326-3770

**McKinley, Rio Arriba, San Juan,
Sandoval (Cuba)**

Southwest Region

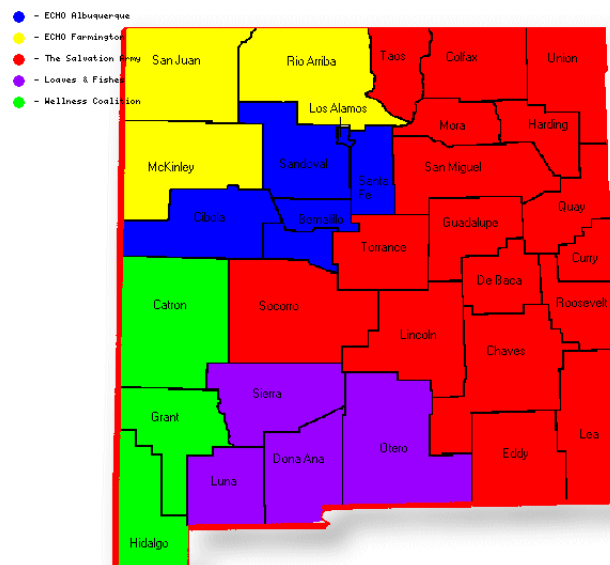
The Wellness Coalition

524 De Moss, Lordsburg, NM 88045

575-956-3056

Catron, Grant, Hidalgo

CSFP Counties of Service



Source: dymaps.net (c)



EFFECTIVE FEBRUARY 25, 2020 NM HSD FANS CFSP INCOME GUIDELINES
FEDERAL SENIOR POVERTY GUIDELINES 130%

No. of Household Members	Total Income		
	Annual	Monthly	Weekly
1	\$16,588	\$1,383	\$319
2	\$22,412	\$1,868	\$431
3	\$28,236	\$2,353	\$543
4	\$34,060	\$2,839	\$655
5	\$39,884	\$3,324	\$767
6	\$45,708	\$3,809	\$879
7	\$51,532	\$4,295	\$991
8	\$57,356	\$4,295	\$1,103
For each additional family member, add	+\$5,824	+\$486	+\$112

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Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

New Mexico Human Services Department, Income Support Division, Food and Nutrition Services Bureau
1425 William SE, Albuquerque, NM 87102-4661
505-841-2693 or 505-841-2690